### **VERSES for LIFE SITUATIONS**

#### Who I am in Christ and God's LOVE for us:

Ephesians 1:4-5: Even before He made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into His own family by bringing us to Himself through Jesus Christ. This is what He wanted to do, and it gave Him great pleasure.

Acts 2:21: But everyone who calls on the name of the LORD will be saved.

Psalm 13:5: But I trust in Your unfailing love; my heart rejoices in Your salvation.

Psalm 36:10: Continue Your love to those who know You, Your righteousness to the upright in heart.

Lamentations 3:22-24: The unfailing love of the Lord never ends! By His mercies we have been kept from complete destruction. Great is His faithfulness; His mercies begin afresh each day. I say to myself, "The Lord is my inheritance; therefore, I will hope in Him!"

## When we fight FEAR and ANXIETY:

Psalm 56:3, 4: When I am afraid, I will trust in You. In God Whose Word I praise...

John 14:1: Do not let your hearts be troubled. Trust in God; trust also in Me.

2 Timothy 1:7: For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

1 John 4:18a Such love has no fear, because perfect love expels all fear.

Deuteronomy 31:6: Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you.

Isaiah 4:13: For I am the Lord, your God, Who takes hold of your right hand and says to you do not fear; I will help you.

John 14:27: Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Proverbs 16:3: Commit to the Lord whatever you do, and he will establish your plans.

Psalm 94:19: When anxiety was great within me, your consolation brought me joy.

Matthew 11:28-30: Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Philippians 4:6-7: Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

# Verses for a Broken, Hurting, Grieving Heart:

Psalm 147:3 He heals the broken hearted and bandages their wounds.

Psalm 23:4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me.

Zephaniah 3:17: The Lord your God is with you, He is mighty to save. He will take great delight in you, He will quiet you with His love, He will rejoice over you with singing.

1 Peter 5:7 (Amplified) Casting the whole of your care [all your anxieties, all your worries, all your concerns], [once and for all] on Him, for He cares for you affectionately and cares about you watchfully.

1 Thessalonians 4:13-14: And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope. For since we believe that Jesus died and was raised to life again, we also believe that when Jesus returns, God will bring back with him the believers who have died.

### **Verses about HEALING:**

Exodus 15:26: ...for I am the Lord, Who heals you.

Psalm 107:20: He sent His Word and healed them

Philippians 4:4-7: Rejoice in the Lord always; again I will say, Rejoice! Let Your gentleness be known to everyone—the Lord is near. Do not worry about anything, but in everything by prayers and supplication let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Isaiah 40:31 But those who wait for the Lord [who expect, look for, and hope in Him] shall change and renew their strength and power; they shall lift their wings and mount up [close to God] as eagles [mount up to the sun]; they shall run and not be weary, they shall walk and not faint or become tired.

### Verses for when we need ENCOURAGEMENT:

Romans 15:13: May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.

Isaiah 55:8-9: "For My thoughts are not your thoughts, neither are your ways My ways," declares the LORD. "As the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts.

Deuteronomy 31:8: The Lord Himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged.

Isaiah 41:10: So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with My righteous right hand.

John 16:33: I have told you these things, so that in Me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

Please take a few moments and look at your reflection in the mirror while you ponder these verses for SELF-REFLECTION:

**Matthew 10:29-31:** What is the price of two sparrows—one copper coin? But not a single sparrow can fall to the ground without Your Father knowing it. And the very hairs on your head are all numbered. So don't be afraid; you are more valuable to God than a whole flock of sparrows.

**Psalm 139:13-17**: You made all the delicate, inner parts of my body and knit me together in my mother's womb. Thank You for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. You saw me before I was born. Every day of my life was recorded in Your book. Every moment was laid out before a single day had passed. How precious are Your thoughts about me, O God. They cannot be numbered!

**Psalm 51:5-7**: Have mercy on me, O God, because of Your unfailing love. Because of Your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I was born a sinner—yes, from the moment my mother conceived me. But You desire honesty from the womb, teaching me wisdom even there. Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.

**Psalm 139:5:** You go before me and follow me. You place your hand of blessing on my head.

**2 Corinthians 12:9:** My grace is all you need. My power works best in weakness. So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.